

# Installation/Instruction Manual



A Brighter Future...

<u>www.westcoastsaunas.com</u> <u>service@westcoastsaunas.com</u>

> Technical Support 1-800-975-6180 ext 2 Mon-Fri 9am-5pm PST

#### 1. INSTALLATION

Please read the following directions carefully. There are 2 sets of instructions **A and B**. First you will find instructions for the Quadrate Style **A** (Malibu/Delmar/Hollywood) then the Corner Style **B** (Newport). The installation of the sauna requires a minimum of 2 people and a minimum of 2 hours. You should not try to install the sauna on your own as damage will easily occur.

#### **CAUTION:**

- 1) No plumbing or plumbing fixtures should be placed in the sauna.
- 2) Keep all liquids away from the heating panels
- 3) Install sauna on a completely level surface.
- 4) Install sauna in an area that is dry and protected from the weather. Sauna is for in home use only
- 5) Flammable objects and Corrosive chemical substances should be kept far away from the sauna.



Each side panel has a white label to identify the side and direction. The panel with "LEFT' label should be placed on the left side according to the sauna (View from the inside of the sauna). The same goes with the other panels.

## A. Quadrate Style (Malibu/Delmar/ Hollywood):

Your infrared Sauna will come packaged in 3 boxes. They will be labeled A, B, C. Please make sure that you open the boxes face up. Writing on box should be face up. Please be very careful when opening boxes, due to fragile parts and glass.

#### 1. Bottom panel

Place the Bottom panel flat on the floor, making sure that the front label is indeed at the front. (Floor heater should be nearest to you)



#### 2. Left panel on bottom panel

Place the left panel onto the bottom panel.
One person should continue to hold the panel while you proceed to the next step.
Make sure that the side heater is near the back.



#### 3. Back panel

As left panel is being held, connect back panel. Semi-tighten screws to secure 2 panels together (**Do not completely tighten**) Panels may need to slightly be adjusted up or down for screws to fit into place.

#### **Connect the Back Panel**



**Semi-Tighten Screws** 



#### 4. Front panel

- A.) Attach the Front Panel
- B.) Semi Tighten Screws



#### 5. Left panel

Position left panel onto back panel first then onto front panel. Semi-tighten screws to hold panels in place.



# \*\*\*When all 4 panels are in place tighten all screws to fully secure Sauna\*\*\*

## 6. Towel rack, cup holder, magazine holder, and oxygen ionizer installation

Although there are small pre-drilled holes for the placement of these items, the towel rack, magazine holder, and cup holder can be placed wherever you prefer as long as you do not damage the wood. If installing in a different location, it would be a good idea to pre-drill the holes before you tighten the screws. The oxygen ionizer should be installed in the upper left of the back panel, where there is a small wire that should be fed from the top panel. (See Step 10)

Towel rack: Step 1



Step 2



### **Cup Holder**



**Oxygen Ionizer** 



Magazine Holder



#### 7. Bench heater panel (stand panel)

Place the bench heater panel by lining up its sides with the vertical guides on each side panel.

Bench heater panel must be positioned correctly, following the direction of the white labels. The magnets are located on interior of heater panel (top).



Be careful not to scratch the side panels when positioning the heater panel.

## **8. Plug in heater cables** There are four outlets

located on the back panel. Plug bottom heater cable, side heater cables and bench heater cable to the any of the outlets.



#### 9. Bench Panel

Install the bench panel by sliding it over the horizontal guides

on each side panel. Be careful not to scratch the side panels when doing so. Make sure to position the bench so that smooth and finished sides of the bench are facing up and forward.



#### 10. Top panel

Make sure front is where it should be. (Front is marked by the label/exterior lights should be in the front) Pull out the cables of control panel (white connectors), and the cables of heaters (black plugs) through the holes of the ceiling. Lower the top panel onto the assembled panels.

Note: Black Plugs should be pulled thru from the front, side, and rear panels



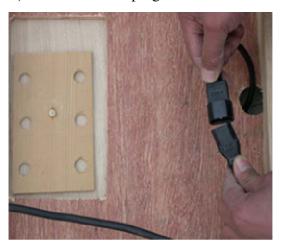
#### **Note: Optional LCD Display**

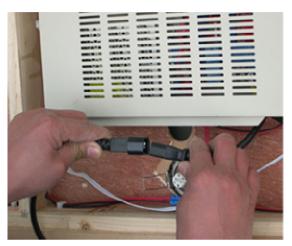
If your sauna came with the optional LCD display please feed the wires through top panel

 a) Connect the cables of control panel to their corresponding outlets Please make sure to tighten connections.



b) Connect heater plug outlets to each other.





### **Optional LCD Display**

LCD display should be affixed on the front panel under the DVD player. Plug the DVD display cable to the DVD outlet. Please see pictures below for plug attachments.











#### 11. Secure Top Panel

Gently place the top panel onto the rest of the assembled panels. When all four corners are in place, gently push down the top panel from the outside corners until it is fit over the rest of the panels. Use wood screws provided to tighten the top cover. If the corners of the cover do not completely come down please use long wood screws provided to screw down corners.



Tighten wood screws to secure dust cover



#### **Installation Complete!**

#### B. Corner Style (Newport)

Unit comes packaged in 3 cartons

#### 1. Bottom panel

Place the bottom panel on the floor and make sure front is where it should be. (Front is marked by a white label. The floor heater should be towards the front.



#### 2. Right-back panel to bottom panel

Connect right-back panel to bottom panel by inserting sliding brackets of right-back panel into the brackets of bottom panel and fasten them. Please have someone hold this panel while you proceed to the next step.



#### 3. Left-back panel

As right-back panel is being held connect left back panel. Then affix them by tightening the screws provided.

#### **Connect Panels Together**



**Semi-Tighten Screws** 





#### 4. Front panel to bottom panel

Connect front panel to bottom panel by inserting the brackets of front panel into the brackets of bottom panel. Please have someone hold this panel while you proceed to the next step.

#### 5. Side panel (left & right) 2 steps \*DO NOT COMPLETE STEPS OUT OF ORDER

#### **Brackets**





#### Step 1.

Attach the right-side panel to the front and back panel at the same time. To do this, please raise right-side panel a bit higher than the front and back panels then slide down the right-side panel so that the brackets connect to each other.



Please follow same instructions to attach the Left-Side Panel

#### Step 2

Please insert screws to tighten the panels together



**Semi- Tighten screws** 

\*\*\*When all panels are in place tighten all

screws to fully secure Sauna\*\*\*

#### 6. Bench heater panel (stand panel)

Please find the longest bench stand panel and install first then the shorter one. Place down the bench heater panel by lining up its sides with the vertical guides on each side panel. Bench heater panel must be positioned according to the white label. The magnets are located on the top interior of heater panel. Be careful not to scratch the side panels when positioning the heater panel.





#### 7. Plug in heater cables

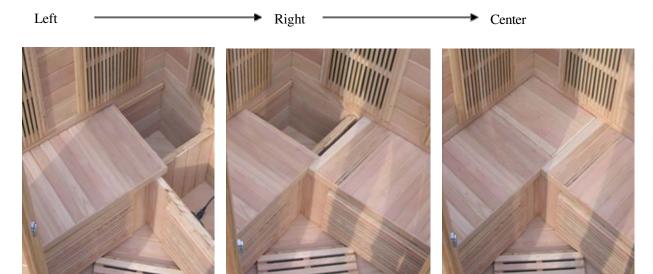
There are two outlets on the left-back panel and one outlet on the right-back panel. Plug in bench heater cables and bottom heater cable to the outlets in the wall.





#### 8. Top Bench Panels

Install left, then right, then center bench panels on the bench. Be careful not to scratch the adjacent panels when sliding in the bench. Push the benches all the way in until they touch the back panel and are securely in place.



#### 9. Top panel

Make sure front is where it should be. (Front is marked by the label/exterior lights should be in the front) Pull out the cables of control panel (white connectors), and the cables of heaters (black plugs) through the holes of the ceiling. Lower the top panel onto the assembled panels. If the corners of the cover do not completely come down please use long wood screws



provided to screw down corners. Note: Black Plugs should be pulled thru

from the front, side, and rear panels

#### **Note: Optional LCD Display**

If your sauna came with the optional LCD display please feed the wires through top

## 10. Connecting top cables





**Optional LCD Display Connections** 



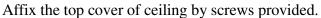








#### 11. Installing Top Dust Cover





#### 12. Towel rack, cup holder, magazine holder, and oxygen ionizer

#### installation

Although there are small pre-drilled holes for the placement of these items, the towel rack, magazine holder, and cup holder can be placed wherever you prefer as long as you do not damage the wood. If installing in a different location, it would be a good idea to pre-drill the holes before you tighten the screws. The oxygen ionizer should be installed in the upper left of the back panel, where there is a small wire that should be fed from the top panel.

**Towel rack: Step 1** 



Step 2



**Cup Holder** 



Oxygen Ionizer



Magazine Holder



**Installation Complete!** 

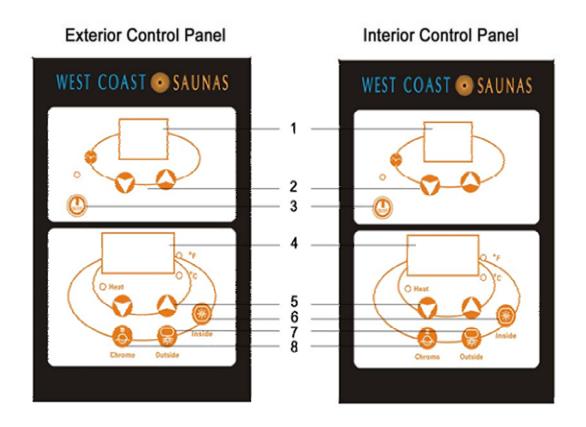
### **How to Use Instructions**

#### **Caution**

- 1) Check all the circuitry and the plug connections carefully.
- 2) Install a voltage regulator if the power is unsuitable.
- 3) Do not share the outlet with other appliances to avoid power fail.
- 4) Do not use the sauna room if under the influence of alcohol, drugs or medications.
- 5) Pregnant women or persons with poor health should consult their physician before use.
- 6) Minors should be supervised in order to prevent injury.
- 7) Allow up to 30 minutes heat up time
- 8) Do not use the room for drying clothes, bathing suits, etc.
- 9) Do not put animals in the room.
- 10) After 2 hours of continuous use, shut the sauna down for one hour.

## **Operational Instructions**

## **Control Panel Instruction**



Number	Function	Number	Function
1	Time Display	5	Temperature Control
2	Time Control	6	Interior Light Power
3	Power	7	Exterior Light Power
4	Temperature Display	8	Chromotherapy lights Power

Plug in Sauna

Press the On/Off Button to turn on your Sauna

To p Display: Press arrow *Up* or *Down* to set desired session time(Sauna

heaters will turn off when time has reached 0)

**Bottom Display**: Press arrow *Up* or **Down** to set desired temperature **Please note that the desired temperature for maximum benefit for infrared therapy is between 115-135 degrees Fahrenheit** 

#### **Constant Infrared Heat Option:**

Please set temperature to Max Temp 150F or 65C. The sauna should not reach the max temperature during a normal 45 minute session, resulting in the heaters staying on. This option will hence give you constant infrared heat

Press *Outside* button to turn on/off exterior lights

Press *Inside* button to turn on/off interior lights

**Chromo button:** The chromo therapy lights are set to rotate automatically if *Chromo* button pressed only once. Press *Chromo* button a  $2^{nd}$  timr to change to desired color.

To turn off chromo therapy lights hold *Chromo* button for 3 seconds.

**CD/DVD Player:** Please refer to the Instruction Manual that is enclosed in your packaging on how to use CD/DVD Player

**Oxygen Ionizer:** The oxygen ionizer has 3 settings High/Low/Off Please set to your desired setting. It is not connected to the main power

**LCD Display:** Please locate the instruction manual enclosed in your packaging on how to use LCD display.

#### **Maintenance**

- I. The sauna room should be kept clean and odor free.
- II. Damp towels should always be used on benches otherwise perspiration penetrates the soft wood.
- III. Air out the room often by keeping the door and vents open when the room is not in use.
- IV. Saunas that are in daily use should be washed down at least once a week to keep them clean and the air fresh.
- V. Inspect benches regularly for required maintenance.
- VI. To clean and remove perspiration stains, use soap or detergent in warm water, best applied with a scrub brush
- VII. Badly soiled surfaces may require sanding Sand paper wrapped around a wooden block.

#### **TERMS AND CONDITIONS OF SALE - WEST COAST SAUNAS**

#### I. WEST COAST SAUNAS LIFETIME WARRANTY

- 1. West Coast Saunas provides a lifetime warranty on wood components against defective material and/or workmanship of cabinetry. Since the wood used in saunas has been kiln dried, a certain amount of expansion and contraction occurs in the wood within a sauna environment. This may result in minor cracks, which is considered normal and not covered under warranty.
- 2. West Coast Saunas provides a lifetime warranty on heating elements and electrical components. The CD/DVD/LCD system carries its own 1 year manufacturer's warranty.
- 3. Lifetime warranty comes standard with all West Coast saunas to the original purchaser. Warranty is not transferable between parties.
- 4. Proof of original purchase must be provided. Warranty Card must be sent in within 30 days of installation.

#### WARRANTY LABOR

West Coast Saunas will perform all labor at our factory free of charge during the warranty period. Customer is responsible for shipping warranted product to West Coast Saunas at their expense. Customer may elect to have replacement parts shipped to them when applicable in lieu of labor at the factory.

#### WARRANTY DISCLAIMERS

The warranty is deemed void if the sauna has been misused, altered or left exposed to the elements of weather.

#### **II. Liabilities**

- 1. West Coast Saunas and any of its subsidiaries and/or associates shall not be held responsible for any misuse of the sauna by the customer. West Coast Saunas shall not be held liable for any damage and/or injury caused by customer misuse of product.
- 2. West Coast Saunas and any of its subsidiaries and/or associates do not provide medical guidance or diagnosis. It is always recommended that you contact your physician for advice.

#### III. CANCELLATION AND RETURN POLICY

- 1. Buyer may cancel and return the goods to Seller, subject to the terms and conditions of this policy. Buyer shall assume all risk of loss associated with the return as well as shipping, handling, restocking and other fees, costs and expenses as described in this policy.
- 2. Seller reserves the right to refuse to refund any deposit or payment, or cancel any payment due, and any owing until such time as Seller a) is in receipt of the goods b) has inspected the goods and c) in the Seller's discretion, has found the goods to be free of damage.
- 3. All returned goods must be in their original packaging. Seller may refuse to refund all or any portion of any payment, or cancel payment due and owing if the Buyer fails to fully comply with or violates the terms and conditions of this policy.

#### SHIPPING, HANDLING AND RESTOCKING FEES

All cancelled or returned goods shall be subject to a) storage fees and costs associated with routing the goods b) handling and restocking fee in the amount of \$395.00 USD for each sauna c) all shipping costs to and from the Seller and d) Seller providing a return merchandise authorization (RMA) number. Buyer's failure to obtain the RMA number shall result in Seller not accepting any returned shipment and Buyer paying all costs and fees. All such costs and fees as determined by Seller shall be paid by Buyer to Seller upon demand by Seller.

Any damages sustained to sauna set during transportation are not covered by this warranty. Claims for damage must be filed through transport/shipping Company. Any damage must be reported on the Bill of Lading through transport shipping company.

## **Warranty Card**

Model Name

Serial Number		
Owner's Name		
Address		
Dealer's Name		
Purchase Date		
Installation Status		
	Signer:	

## Please print and Fax back this page to: 1-800-975-6180 Press start at prompt

West Coast Saunas and its associates do not provide medical guidance. Consult a doctor for medical advice. All of the information contained in this catalogue is for information purposes only. We reserve the right to change, without notice, anything contained within the catalogue. West Coast Saunas shall not be held responsible for printing variations. Color variations may occur. Some models are shown with optional features.